



Monkeypox Prevention Steps

Take the following three steps to prevent getting monkeypox:

1

Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox.

- Do not touch the rash or scabs of a person with monkeypox.
- Do not kiss, hug, cuddle or have sex with someone with monkeypox.

2

Avoid contact with objects and materials that a person with monkeypox has used.

- Do not share eating utensils or cups with a person with monkeypox.
- Do not handle or touch the bedding, towels, or clothing of a person with monkeypox. Wash and thoroughly disinfect bedding, towels, or clothing with HOT water.

3

Wash your hands often.

- Wash your hands often with soap and water or use an alcohol-based hand sanitizer, especially before eating or touching your face and after you use the bathroom.
- **Notify Health Services (484) 365-7338 for any suspicious “Fluid-filled” rashes or respiratory flu-like symptoms.**

Health Services Staff

Wellness Center, Suite #100