

# **Non-Academic Program Assessment and Planning Workspace**

**DEMO AREA**

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## General Information (Non-Academic Program Assessment and Planning Workspace)

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## Standing Requirements

### ▣ Mission Statement

The mission of the office of Therapeutic Laughter is to provide institutional stakeholders with laughter therapy resources and engagement opportunities to enhance and support their mental health and work-life balance.

### ▣ Outcome

#### Office of Laughter Therapy Outcome Set

##### Outcome

Outcome	Mapping
Theme One: Build a Culture that Supports Student Success	<b>Lincoln University Institutional Learning Outcomes:</b> ILO 4. Social Responsibility and Civic Engagement, <b>LU Strategic Themes:</b> 1.1. Values, 1.2. Culture and Accountability, 1.3. Training and Professional Development, 1.4. Reward and Recognition Programs

## 2019-2020 Assessment Cycle (2018-2019 Assessment Cycle)

### Staff and Title

Jasmine Jones, Director

Joshua Brown, Associate Director

Jonquil Zee, Counselor

### Assessment Plan (Activities/Initiatives)

#### Measures

#### Office of Laughter Therapy Outcome Set

Outcome

**Outcome: Theme One: Build a Culture that Supports Student Success**

#### ▼ Measure: Laughter Therapy Club

Details/Description: Recruit members for Laughter Therapy Club and launch club.

Implementation Plan (timeline):  
Fall 2019: recruit members  
Spring 2020: Launch Laughter Therapy Club-hold initial meeting, research/provide laughter therapy resources, brainstorm activities/initiatives

Key/Responsible Personnel: Jonquil Zee, counselor

#### ▼ Measure: Laughter Therapy fundamentals

Details/Description:	Launch a campaign to inform the university community regarding Laughter therapy
Implementation Plan (timeline):	Fall 2019: Post flyers, host informational sessions
Key/Responsible Personnel:	Joshua Brown, Associate Director Jonquil Zee, counselor

## Assessment Findings/Results

### Finding per Measure

#### Office of Laughter Therapy Outcome Set

##### Outcome

#### Outcome: Theme One: Build a Culture that Supports Student Success

##### ▼ Measure: Laughter Therapy Club

Details/Description:	Recruit members for Laughter Therapy Club and launch club.
Implementation Plan (timeline):	Fall 2019: recruit members Spring 2020: Launch Laughter Therapy Club-hold initial meeting, research/provide laughter therapy resources, brainstorm activities/initiatives
Key/Responsible Personnel:	Jonquil Zee, counselor

##### Findings for Laughter Therapy Club

Summary of Findings:	Fall 2019: Institutional members submitted email information indicating interest in
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joining the Laughter Therapy club. Members included 20 students and 20 employees.

Spring 2020: Laughter Therapy club held 3 meetings. An initial introductory meeting and 2 planning meetings.

Results :

Assessment Findings: Approaching

Recommendations:

Continue recruitment efforts and build membership.  
Finalize initial plans for the club activities.

Reflections/Notes:

Those who attended initial meeting were enthused regarding the club. There were some comments that some students and employees may be confused or misinformed regarding the purpose of the club.

**These Findings are associated with the following Actions:**

Laughter Therapy Club  
(Operational/Action  
Plan; 2019-2020  
Assessment Cycle)

▼ **Measure:** Laughter Therapy fundamentals

Details/Description: Launch a campaign to inform the university community regarding Laughter therapy

Implementation Plan (timeline): Fall 2019: Post flyers, host informational sessions

Key/Responsible Joshua Brown, Associate Director

Personnel: Jonquil Zee, counselor

#### Findings for Laughter Therapy fundamentals

**Summary of Findings:** To advertise the fundamental concepts of Laughter Therapy, 100 flyers were posted around campus. Additionally, 2 information sessions were conducted regarding fundamental concepts of Laughter Therapy.

**Results :** Assessment Findings: Approaching

**Recommendations:** Provide additional information sessions those who are interested in additional information (beyond the beginner fundamentals).

**Reflections/Notes:** It might have been better to have multiple versions of the flyers to attract attention.

**These Findings are associated with the following Actions:**

Laughter Therapy fundamentals  
(Operational/Action Plan; 2019-2020 Assessment Cycle)

#### Overall Recommendations

The office of Laughter Therapy is beginning to make progress in educating institutional



stakeholders regarding the benefits of Laughter Therapy.

### Overall Reflection

The office should target groups that have been underrepresented in training sessions, workshops, activities and enrollment in the Laughter Therapy Club.

## Operational/Action Plan

### Mission Statement

The mission of the office of Therapeutic Laughter is to provide institutional stakeholders with laughter therapy resources and engagement opportunities to enhance and support their mental health and work-life balance.

### Actions

#### Office of Laughter Therapy Outcome Set

Outcome

**Outcome: Theme One: Build a Culture that Supports Student Success**

#### ▼ Action: Laughter Therapy Club

#### This Action is associated with the following Findings

Findings for Laughter Therapy Club  
(Assessment Plan (Activities/Intiatives) and Assessment Findings/Results;  
2019-2020 Assessment Cycle)

Summary of Findings:

Fall 2019: Institutional members submitted email information indicating interest in joining the Laughter Therapy club. Members included 20 students and 20 employees.

Spring 2020: Laughter Therapy club held 3 meetings. An initial introductory meeting and 2 planning meetings.

Action Plan details: Continue recruitment efforts.

Implementation Plan (timeline):	Develop Club goals. Plan and develop 1 Laughter Therapy activity for fall, spring and summer terms.
Key/Responsible Personnel:	Fall 2020: develop additional recruitment brochures/flyers, develop club goals and brainstorm Laughter Therapy activities Spring 2021: Post/advertise Laughter Therapy Club; plan and implement one Laughter Therapy activity in the spring
Resources needed?:	Jonquil Zee, counselor Seed funding for club pilot plan

▼ **Action:** Laughter Therapy fundamentals

**This Action is associated with the following Findings**

Findings for Laughter Therapy fundamentals (Assessment Plan (Activities/Intiatives) and Assessment Findings/Results; 2019-2020 Assessment Cycle)

Summary of Findings:

To advertise the fundamental concepts of Laughter Therapy, 100 flyers were posted around campus.

Additionally, 2 information sessions were conducted regarding fundamental concepts of Laughter Therapy.

Action Plan details:	Build up fundamental resources. Develop/find intermediate level resources.
Implementation Plan (timeline):	Fall 2020: review flyers and develop/update additional flyers; add FAQ section to fundamental resources Spring 2021: post flyers ; conduct information sessions; develop draft intermediate resources
Key/Responsible Personnel:	Joshua Brown, Associate Director Jonquil Zee, counselor

Resources needed?: Support of Laughter Therapy initiatives by institutional leaders.

## Status Report

### Action Statuses

#### Office of Laughter Therapy Outcome Set

Outcome

**Outcome: Theme One: Build a Culture that Supports Student Success**

#### ▼ Action: Laughter Therapy Club

Action Plan details:	Continue recruitment efforts. Develop Club goals. Plan and develop 1 Laughter Therapy activity for fall, spring and summer terms.
Implementation Plan (timeline):	Fall 2020: develop additional recruitment brochures/flyers, develop club goals and brainstorm Laughter Therapy activities Spring 2021: Post/advertise Laughter Therapy Club; plan and implement one Laughter Therapy activity in the spring
Key/Responsible Personnel:	Jonquil Zee, counselor
Resources needed?:	Seed funding for club pilot plan

Status for Laughter Therapy Club

Current Status: In Progress

▼ **Action:** Laughter Therapy fundamentals

Action Plan details:	Build up fundamental resources. Develop/find intermediate level resources.
Implementation Plan (timeline):	Fall 2020: review flyers and develop/update additional flyers; add FAQ section to fundamental resources Spring 2021: post flyers ; conduct information sessions; develop draft intermediate resources
Key/Responsible Personnel:	Joshua Brown, Associate Director Jonquil Zee, counselor
Resources needed?:	Support of Laughter Therapy initiatives by institutional leaders.

Status for Laughter Therapy fundamentals

Current Status: In Progress

## Archived Assessment Data

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### 2016-2017 Assessment Cycle

**File Attachments:**

1. **Office of Therapeutic Laughter 2016-2017.pdf**

### 2017-2018 Assessment Cycle

**File Attachments:**

1. **Office of Therapeutic Laughter 2017-2018.pdf**

### 2018-2019 Assessment Cycle