

# **Medical Benefit Highlights**

# Personal Choice Lincoln University Buy up-Plan

| Covered Services  | Your Costs (You pay) |                             |  |
|---|----------------------|-----------------------------|--|
| Benefits per Contract Year                                      | In-Network           | Out-of-Network              |  |
| Deductible<br>Individual/Family                                 | \$0/\$0              | Not covered                 |  |
| Out-of-Pocket Maximum (Embedded) <sup>1</sup> Individual/Family | \$1,500/\$3,000      | Not covered                 |  |
| Coinsurance   | 0%                   | Not covered                 |  |
| Preventive Services   | In-Network           | Out-of-Network              |  |
| Preventive Care   | No charge            | Not covered                 |  |
| Preventive Colonoscopy  |                      |                             |  |
| Preventive Plus Providers                                       | No charge            | Not covered                 |  |
| Hospital Based  | No charge            | Not covered                 |  |
| Physician Services  | In-Network           | Out-of-Network              |  |
| Primary Care Physician (PCP) Office Visit                       | \$15                 | Not covered                 |  |
| Specialist Office Visit   | \$30                 | Not covered                 |  |
| Retail Health Clinic Visit                                      | <b>\$15</b>          | Not covered                 |  |
| Telemedicine  | \$15                 | Not covered                 |  |
| Urgent Care Visit   | \$50                 | Not covered                 |  |
| Therapy Services  | In-Network           | Out-of-Network              |  |
| Physical Therapy (30 visits/year) <sup>2</sup>                  |                      |                             |  |
| Freestanding  | \$15                 | Not covered                 |  |
| Hospital Based  | \$15                 | Not covered                 |  |
| Occupational Therapy (30 visits/year) <sup>2</sup>              |                      |                             |  |
| Freestanding  | \$15                 | Not covered                 |  |
| Hospital Based  | \$15                 | Not covered                 |  |
| Speech Therapy (20 visits/year)                                 | \$15                 | Not covered                 |  |
| Emergency Services  | In-Network           | Out-of-Network              |  |
| Emergency Room (copay waived if admitted)                       | \$100                | Covered at In-Network level |  |
| Emergency Ambulance   | No charge            | Covered at In-Network level |  |
| Non-Emergency Ambulance   | No charge            | Not covered                 |  |
| Hospital Services   | In-Network           | Out-of-Network              |  |
| Inpatient Hospital Services                                     | \$200/Admission      | Not covered                 |  |
| Maternity Hospital Services                                     | \$200/Admission      | Not covered                 |  |



| Inpatient Professional Services (includes Maternity)                                   | No charge       | Not covered    |
|--|-----------------|----------------|
| Outpatient Surgery   | In-Network      | Out-of-Network |
| Freestanding   | \$100           | Not covered    |
| Hospital Based   | \$100           | Not covered    |
| Outpatient Professional Services   | No charge       | Not covered    |
| Outpatient Diagnostics   | In-Network      | Out-of-Network |
| Diagnostic Medical (EKG)   | \$30            | Not covered    |
| Routine Radiology (X-Ray)  |                 |                |
| Freestanding   | \$30            | Not covered    |
| Hospital Based   | \$30            | Not covered    |
| Advanced Imaging (MRI/MRA,CT/CTA Scan, PET Scan)                                       |                 |                |
| Freestanding   | \$30            | Not covered    |
| Hospital Based   | \$30            | Not covered    |
| Outpatient Lab and Pathology   | In-Network      | Out-of-Network |
| Freestanding   | No charge       | Not covered    |
| Hospital Based   | No charge       | Not covered    |
| Other Medical Services   | In-Network      | Out-of-Network |
| Spinal Manipulations (20 visits/year)  | \$30            | Not covered    |
| Acupuncture (18 visits/year)   | \$30            | Not covered    |
| Standard Injectables   | No charge       | Not covered    |
| Allergy Injections   | No charge       | Not covered    |
| Biotech/Specialty Injectables  | \$100           | Not covered    |
| Chemotherapy   | No charge       | Not covered    |
| Dialysis   | No charge       | Not covered    |
| Skilled Nursing Facility (120 days/year)   | \$200/Admission | Not covered    |
| Home Health  | No charge       | Not covered    |
| Hospice  | No charge       | Not covered    |
| Durable Medical Equipment (DME)  | No charge       | Not covered    |
| Mental Health – Outpatient (includes<br>serious mental illness and substance<br>abuse) | \$15            | Not covered    |
| Mental Health – Inpatient (includes serious mental illness and substance abuse)        | \$200/Admission | Not covered    |

<sup>&</sup>lt;sup>1</sup> Embedded out-of-pocket maximum: Each covered family member only needs to satisfy his or her individual out-of-pocket maximum, not the entire family out-of-pocket maximum.



<sup>2</sup> Cognitive Therapy, Occupational Therapy, and Physical Therapy combined visit limit.

The EPO Program provides in-network-only benefits through the Personal Choice® or BlueCard® PPO networks. Except for emergency services, all care must be received from participating Personal Choice network or BlueCard PPO network providers. There is no benefit coverage for care received from non-preferred, non-participating providers.

This summary represents only a partial listing of benefits and exclusions of the Medical Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.ibx.com/LGBooklet">www.ibx.com/LGBooklet</a> or call 1-800-ASK-BLUE (TTY: 711).

Benefits may be changed by Independence Blue Cross to comply with applicable federal/state laws and regulations.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <a href="http://www.ibx.com/preapproval">http://www.ibx.com/preapproval</a> or call the phone number that is listed on the back of your identification card.

Benefits underwritten or administered by QCC Insurance Company, a subsidiary of Independence Blue Cross - Independent licensees of the Blue Cross and Blue Shield Association. <a href="https://www.ibx.com">www.ibx.com</a>



# **Drug Benefit Highlights**

# Value Drug Program \$10/\$45/\$60.. Lincoln University

| Covered Services  | Your Costs (You pay)  |                       |
|---|-----------------------|-----------------------|
| Benefits per Contract Year  | In-Network            | Out-of-Network        |
| Deductible Individual/Family  | \$0/\$0               | \$0/\$0               |
| Out-of-Pocket Maximum Individual/Family                                     | Combined with Medical | Combined with Medical |
| Formulary <sup>1</sup>  | Value                 |                       |
| Retail Pharmacy   | In-Network            | Out-of-Network        |
| Tier 1 Low-Cost Generic Drugs   | \$10                  | 30% Reimbursement     |
| Tier 2 Generic Drugs  | \$10                  | 30% Reimbursement     |
| Tier 3 Preferred Brand Drugs  | \$45                  | _30% Reimbursement    |
| Tier 4 Non-Preferred Drugs  | \$60                  | 30% Reimbursement     |
| Tier 5 Self-Administered Specialty Drugs                                    | \$100                 | Not covered           |
| Dispensing Limits <sup>2</sup>  | 30 day supply max     | 30 day supply max     |
| Mail Order Pharmacy Available for maintenance drugs                         | In-Network            | Out-of-Network        |
| Tier 1 Low-Cost Generic Drugs   | \$20                  | Not covered           |
| Tier 2 Generic Drugs  | \$20                  | Not covered           |
| Tier 3 Preferred Brand Drugs  | \$90                  | Not covered           |
| Tier 4 Non-Preferred Drugs  | \$120                 | Not covered           |
| Tier 5 Self-Administered Specialty Drugs                                    | Not covered           | Not covered           |
| Dispensing Limits <sup>3</sup>  | 90 day supply max     | Not covered           |
| Drug Coverage   | In-Network            | Out-of-Network        |
| ACA Preventive Drugs  | Covered               | Covered               |
| Compound Medications  | Covered               | Covered               |
| Contraceptives  | Covered               | Covered               |
| Diabetic Supplies (i.e., test strips)                                       | Covered               | Covered               |
| Glucometers (no copayment/coinsurance required at participating pharmacies) | Covered               | Covered               |
| Insulin   | Covered               | Covered               |
| Insulin Needles and Syringes  | Covered               | Covered               |
| Lancets (no copayment/coinsurance required at participating pharmacies)     | Covered               | Covered               |
| Prescribed Tobacco Cessation Drugs (RX and OTC)                             | Covered               | Covered               |
| Retin-A (up to Age 35)  | Covered               | Covered               |
| Allergy Serum   | Not covered           | Not covered           |
| Biologicals, Investigational/Experimental Drugs                             | Not covered           | Not covered           |



| Blood, Blood Plasma                       | Not covered | Not covered |
|---|-------------|-------------|
| Drugs used for Cosmetic Purposes          | Not covered | Not covered |
| Immunization Agents                       | Not covered | Not covered |
| Injectable Fertility Drugs                | Not covered | Not covered |
| Non-Federal Legend Drugs                  | Not covered | Not covered |
| Over-The-Counter Drugs (Non-Prescription) | Not covered | Not covered |
| Weight Control Drugs                      | Not covered | Not covered |

- <sup>1</sup> Benefits will be provided for Covered Drugs and medicines appearing on the Drug Formulary. To check the formulary status of a drug or view a copy of the most recent formulary, log onto <a href="https://www.ibx.com">www.ibx.com</a>.
- <sup>2</sup> Maintenance medications may also be available for up to a 90-day supply at participating Act 207 Retail pharmacies for the same mail order member cost sharing as indicated above.
- <sup>3</sup> Up to a 90-day supply of drugs to treat chronic conditions available at Walgreens or mail for same cost share.

This summary represents only a partial listing of benefits and exclusions of the Prescription Drug Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by pharmacy policy. As a result, this program may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.ibx.com/LGBooklet">www.ibx.com/LGBooklet</a> or call 1-800-ASK-BLUE (TTY: 711).

Certain designated preventative medications will not be subject to any cost-sharing or deductibles, but will be subject to the terms and conditions of your benefits contract. Refer to your summary of benefits, member handbook, and/or benefit booklet to determine if your plan includes 100 percent coverage for in-network preventive services.

Any prescription refilled in excess of the number of refills specified by the physician, or any refill dispensed after one year from the physician's original order are not covered. Devices or supplies except those specifically listed under covered drugs are not covered. Drugs used to treat hemophilia are not covered.

All covered self-administered specialty medications except insulin will be provided through the convenient Specialty Pharmacy Program for the appropriate cost sharing indicated above. Benefits are available for up to a thirty (30) days supply.

FutureScripts® network includes more than 65,000 retail pharmacies. You can locate a participating pharmacy near you on <a href="www.ibx.com">www.ibx.com</a> by selecting the Find a Participating Pharmacy feature.

FutureScripts® is an independent company providing pharmacy benefit management service.

Benefits underwritten or administered by QCC Insurance Company, a subsidiary of Independence Blue Cross - Independent licensees of the Blue Cross and Blue Shield Association. www.ibx.com

### **Language Assistance Services**

**Spanish:** ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

Chinese: 注意:如果您讲中文,您可以得到免费的语言协助服务。致电 1-800-275-2583。

Korean: 안내사항: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

**Portuguese:** ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Ligue para 1-800-275-2583.

Gujarati: સ્યના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહ્યય સેવાઓ તમારા માટે ઉપલબ્ધ છે. 1-800-275-2583 કોલ કરો.

**Vietnamese:** LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

**Russian:** ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

**Polish** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

**Italian:** ATTENZIONE: Se lei parla italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-275-2583.

#### Arabic:

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية متاحة لك بالمجان. اتصل برقم 2583-275-800-1.

**French Creole:** ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-275-2583.

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

**French:** ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

**Pennsylvania Dutch:** BASS UFF: Wann du Pennsylvania Deitsch schwetzscht, kannscht du Hilf griege in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। कॉल करें 1-800-275-2583।

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

**Japanese:** 備考: 母国語が日本語の方は、言語アシスタンスサービス (無料) をご利用いただけます。 1-800-275-2583へお電話ください。

## Persian (Farsi):

توجه: اگر فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما فراهم می باشد. با شماره 2583-275-800-1 تماس بگیرید.

**Navajo:** Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh. Hódíílnih koji' 1-800-275-2583.

#### Urdu:

Mon-Khmer, Cambodian: សូមមេត្តាចាប់អារម្មណ៍៖ ប្រសិនបើអ្នកនិយាយភាសាមន-ខ្មែរ ឬភាសាខ្មែរ នោះ ជំនួយផ្នែកភាសានឹងមានផ្ដល់ជូនដល់លោកអ្នកដោយឥត គិតថ្លៃ។ ទូរសព្ទទៅលេខ 1-800-275-2583។

## Discrimination is Against the Law

This Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

### This Plan provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact our Civil Rights Coordinator. If you believe that This Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in the following ways: In person or by mail: ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103, By phone: 1-888-377-3933 (TTY: 711) By fax: 215-761-0245, By email: civilrightscoordinator@1901market.com. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at

http://www.hhs.gov/ocr/office/file/index.html.