

## New Faculty Bio

**Name:** Dr. Cora J. Firkin, Ph.D.

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**Position:** Assistant Professor

**Department of:** Health Science

**Bio:**



Dr. Cora Firkin is an Assistant Professor in the Health Science Department at Lincoln University of Pennsylvania, where she inspires students to build authentic connections and view learning as a meaningful journey with real-world impact. In the community, she coaches several Special Olympics sports, including basketball, golf, and long-distance running and walking; co-leads a ministry for individuals with disabilities; and helps plan community health events. Within national and international professional organizations, she currently serves as Member-at-Large and Webmaster for NAFAPA, Secretary for NCPEID, and a committee member for ACSM's Exercise is Medicine® Underserved and Community Health initiative. Dr. Firkin is committed to mentoring the next generation of health professionals and fostering environments that support innovation in health and well-being. To connect with Dr. Firkin, please email her at [cfirkin@lincoln.edu](mailto:cfirkin@lincoln.edu) or visit SCIB 309.

**Educational Background:**

Honors Bachelor of Science in Exercise Science, University of Delaware  
Doctorate in Health Behavior Science and Promotion, University of Delaware

**Classes Taught:**

LU: Athletic Injuries; Introduction to Health Science

UD: Fundamental Movement Skills; Health, Physical Activity, and Disability; Introduction to Adapted Physical Activity

**Research Interest:**

Dr. Firkin's research aims to empower individuals with and without disabilities to lead active, healthy, and fulfilling lives through accessible and innovative health interventions and assessments. She has received national recognitions from the American Kinesiology Association, NCPEID, Society of Behavioral Medicine, and SHAPE America.

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