



**PRE-REFLECTION FORM**

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

1) Briefly explain/describe the most recent situation which occurred that caused you to go before the Judicial Board or an Administrative Conference with the Dean of Students?

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2) Why do you think/feel this situation or your behavior/actions were in violation of conduct unbecoming of a Lincoln student?

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4) During the judicial process or administrative hearing, did you assume ownership of your responsibility in this situation? If no, why not? If yes, how?

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5) How do you think or feel that this situation could have been avoided?

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6) What has this experience taught you?

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7) List anyone and everyone whom you feel you disappointed by being involved in this situation and state the reason why:

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8) If the same or similar situation were to occur again, what would you do differently?

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9) If you do violate the student code of conduct again, what sanctions do you feel should be imposed?

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10) Were you suspended?  Yes  No Why do you feel you were or were not?

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11) What part of Lincoln's community do you feel that your actions affected & why? (residence hall, roommate, entire, etc.)

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12) What can you do to improve the culture and environment here at Lincoln to prevent as many unfavorable incidents on campus?

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13) What philosophy, gifts, and/or character traits do you possess that can benefit the University, your local community and your promising future?

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14) Describe values that you possess that govern your decision making academically, socially, physically, emotionally and/or spiritually.

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